

Physiotherapy

What is physiotherapy?

Physiotherapy is a field that specializes in diagnosis, rehabilitation, and prevention of problems in movement, with the goal of improving the patient's quality of life and enabling maximum independence and performance.

Physiotherapy treats injury to the skeletal system, muscles, joints, nerves, and respiratory system. Physiotherapy treatments are given throughout the life cycle, from premature infants and neonates, to children, adults, and the elderly.

Physiotherapy includes: treatment of pain and limited movement of the spine resulting from a protruding disk (stage before slipped disk), slipped disk, degenerative changes, muscle weakness, orthopedic rehabilitation, post-surgical rehabilitation, and neurological rehabilitation such as after a stroke or Parkinson's disease. In addition, the physiotherapy department does performance evaluations in order to determine continuation of treatment and the nature of the patient's stay after hospitalization or after rehabilitation in an appropriate institution.

The rehabilitation process begins during hospitalization and continues during the patient's stay in a rehabilitation institution, ambulatory treatment at the physiotherapy center, home treatments, and treatments in geriatric centers.

After examining the patient and doing a performance evaluation, the staff determines the treatment goals and plan. The treatment methods are varied: manual methods, exercises, hydrotherapy, and electrotherapy, including electric shock therapy, ultrasound, and laser.

Members of the physiotherapy staff at the rehabilitation center are widely experienced and have undergone special professional training that enables them to offer innovative, up-to-date treatment.



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